

Locals learn about quake preparedness, survival

Joy Juedes, Redlands Daily Facts, 10-17-10

REDLANDS - A group of locals learned about earthquake readiness and survival Saturday at the Redlands Family YMCA.

Pamela Henry held the first of four "Camp Quake" workshops she is scheduling around the Great California ShakeOut drill, slated for 10:21 a.m. Thursday.

People must be prepared to survive in a worst-case scenario, she told her group Saturday.

"The more proactive you are as a survivor, the better off you'll be," she said. "Think of how you would set up to live outside.

Henry started Fault Line, a quake survival consulting business, out of her Redlands home after the magnitude 7.2 quake hit Mexicali in April.

It is not enough to buy supplies - people must know how to use them, and how to find them quickly, she said.

She recommended buying a battery-powered radio and testing it.

"You don't want to read instructions in a panic," she said.

She stressed having enough water, and watching for danger of fire after a quake. People should make a list and start collecting supplies in a place like their living room, she said.

"I put an old suitcase in the garage with socks and shoes sweaters," said Venita Waitman of Highland. "I haven't looked at it in years."

Highland resident Donna McIntosh, a nurse at St. Bernardine Medical Center, said she heard about the ShakeOut and wanted to be more informed.

"I've gotten an awful lot information I didn't have," she said.

In Camp Quake, Henry will help families customize a preparedness and survival plan, making a shopping list, learning how the community is prepared, starting neighborhood networks, hearing quake legends and swapping quake stories.

The workshops are for ages 10 and older.

Fault Line is a business associate of the state Earthquake Country Alliance and a local ShakeOut drill promoter.

Camp Quake is 6 to 8 p.m. Monday and 9 to 11 a.m. Saturday at the Redlands Family YMCA, 500 E. Citrus Ave. One workshop will be presented at the Highland YMCA, 7793 Central Ave., from 6 to 8 p.m. Oct. 25.

Cost is \$5 for full YMCA members, \$10 for basic members, \$15 for nonmembers. An emergency backpack will be raffled off.